



January 2018

(Students \$0.00; Adults \$1.90)

BREAKFAST CHOICES

DAILY CHOICES: Bagel w/ Cream Cheese, Assorted Cold Cereal and Oatmeal w/ Toast
1% & SKIM WHITE MILK

A VARIETY OF FRESH AND CANNED FRUIT WILL BE OFFERED.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
New Years No School	Pancake on a Stick Egg & Cheese Muffin	Breakfast Pizza Breakfast Round	Fruit Yogurt Parfait Sausage & Cheese Muffin	Cinnamon Roll Ham & Cheese Muffin
8	9	10	11	12
French Toast Sticks Sausage & Cheese Muffin	Pancake on a Stick Egg & Cheese Muffin	Breakfast Pizza Breakfast Round	Fruit Yogurt Parfait Sausage & Cheese Muffin	Cinnamon Roll Ham & Cheese Muffin
15	16	17	18	19
MLK Jr. Day No School	Pancake on a Stick Egg & Cheese Muffin	Breakfast Pizza Breakfast Round	Fruit Yogurt Parfait Sausage & Cheese Muffin	Cinnamon Roll Ham & Cheese Muffin
22	23	24	25	26
French Toast Sticks Sausage & Cheese Muffin	Pancake on a Stick Egg & Cheese Muffin	Breakfast Pizza Breakfast Round	Fruit Yogurt Parfait Sausage & Cheese Muffin	End of Quarter No School
29	30	31	Breakfast Includes the following 4 Components: Grains/Fruits Vegetables/Dairy You Must choose Three of the Four Components and One Must be a ½ Cup Fruit or Vegetable.	
Fresh Toast Sticks Sausage & Cheese Muffin	Pancake on a Stick Egg & Cheese Muffin	Breakfast Pizza Breakfast Round		

Menu Subject to Change

This Institution is an equal opportunity provider.



January 2018

(Students \$0.00; Adults \$3.40)



EVERYDAY CHOICES

Build Your Own Nachos
*Beef Taco Meat, Chicken Fajita Meat
 or Vegetarian Refried Beans*



Mon: Cheese, Pep, Hawaiian
Tues: Cheese, Pepperoni
Weds: Cheese, Pep, Meat Lovers
Thurs: Cheese, Pepperoni
Fri: Cheese, Pepperoni, Taco



**DELI
 EVERYDAY CHOICES**

Specialty Sandwiches and
 Daily Featured Salads
 w/Fruit and Vegetables



**DAILY OFFERING BAR
 WITH LUNCH CHOICES**

Locally Grown Seasonal Fresh
 Fruit and Vegetables, plus Apples,
 Oranges, Garden Salad Greens and
 Low Fat or Fat Free Milk



EVERYDAY CHOICES
All w/ Oven Baked Curly Fries
Hamburger/ Cheese Burger
Crispy/Spicy Chicken Sandwich
Chicken Nuggets
Corn Dog

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
New Years Day No School	Orange Chicken Rice Bowl	BBQ Pork Sand- wich	Country Style Chicken Bowl	Cheesy Bread- sticks w/ Marinara Sauce
8	9	10	11	12
Spaghetti w/ Meat Sauce	General Tso's Chicken Rice Bowl	Zesty Enchiladas	Spicy Korean Sub	Cinnamon Roll with Chili
15	16	17	18	19
MLK Jr. Day No School	Orange Chicken Rice Bowl	BBQ Pork Sand- wich	Country Style Chicken Bowl	Cheesy Bread- sticks w/ Marinara Sauce
22	23	24	25	26
Spaghetti w/ Meat Sauce	General Tso's Chicken Rice Bowl	Zesty Enchiladas	Spicy Korean Sub	End of Quarter No School
29	30	31		
Chicken Drumstick with Roll	Orange Chicken Rice Bowl	BBQ Pork Sand- wich		



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