



BREAKFAST

<p>Monday French Toast Sticks Sausage & Cheese Sandwich</p>	<p>Thursday Pancake on a Stick Egg & Cheese Sandwich</p>
<p>Tuesday Double Chip Breakfast Round Egg & Cheese Sandwich</p>	<p>Friday Whole Grain Cinnamon Roll Ham & Cheese Muffin</p>
<p>Wednesday Yogurt Parfait Sausage & Cheese Sandwich</p>	<p>For Champions On The Go - DAILY Plain or Blueberry Bagel & Cream Cheese Cold Cereal Hot Oatmeal Fruit & a variety of Milk</p>

Breakfast Fact:

Breakfast is FREE for all students

Adults: \$1.90

We use a nutrient analysis program to analyze our menus. The required guidelines are listed below. We strive to meet or exceed these guidelines.

HONOR ROLL

EVERYDAY CHOICES
With/Oven Baked Curly Fries
Classic Hamburger
Cheeseburger
Spicy Crispy Chicken Sandwich
Classic Crispy Chicken Sandwich

EXPLORE

Great Variety & Healthy Choices -
All meals include a trip through the Thrive Garden Bar

STACKS

EVERY DAY CHOICES
Made to Order Sandwiches
Daily Options: Tuna, Turkey, Ham, Turkey & Ham.

All sandwiches offer a trip through the Thrive Garden Bar

Tuesday and Thursday

Taco Beef or Chicken
Fiesta Nachos
Cheese Sauce and Beans
And topping choices of: Olives, Tomatoes, Lettuce, Onions, Jalapenos, Sour Cream

FIESTA

UPPER CRUST

EVERYDAY PIZZA CHOICES: Pepperoni OR Cheese
Mon: Sausage, Wed: Hawaiian, Fri: Buffalo Chicken

SIDES OFFERED DAILY WITH LUNCH CHOICES

Locally Grown Seasonal Fresh Fruit and Vegetables, plus Apples, Oranges, Garden Salad Greens and Low Fat or Fat Free Milk

Lunch Prices - Adults: \$3.40 Students: Free

February 2018

			1 <i>Chicken Drumsticks</i>	2 <i>Fish and Chips</i>
5 <i>Country Style Chicken Bowl</i>	6 <i>Oven Baked Corn Dogs</i>	7 <i>Zesty Enchiladas</i>	8 <i>BBQ Pork Sandwich</i>	9 <i>Cheesy Breadsticks w/ Marinara Sauce</i>
12 <i>Spaghetti with Meatsauce</i>	13 <i>Crispy Chicken Fries</i>	14 <i>Orange Chicken Bowl</i>	15 <i>Chicken Drumsticks</i>	16 <i>No School</i>
19 <i>No School President's Day</i>	20 <i>Oven Baked Corn Dogs</i>	21 <i>Zesty Enchiladas</i>	22 <i>BBQ Pork Sandwich</i>	23 <i>Cheesy Breadsticks w/ Marinara Sauce</i>
26 <i>Spaghetti with Meatsauce</i>	27 <i>Crispy Chicken Fries</i>	28 <i>Orange Chicken Bowl</i>		